



Swanland u3a Newsletter

Registered Charity No: 1078104

Learn, Laugh, Live.

No: 89. April 2026



A View From The Chair

A Swanland Swansong

It's hard to believe that it was 2 years ago that I decided to take the plunge and volunteer to take over the role of Chair of Swanland u3a. The previous Chair, had given notice that he was stepping down but was really struggling to find a successor. I had really admired the energy and imagination that John had brought to the role and I was grateful for all the positives I had gained from membership since retirement, so conscience got the better of me and I gave myself a good talking to: "Well, time to stop just being on the receiving end – time to step up." So I did and here we are, 2 years having sped by and I am now handing over the reins to your new Chairman.

It will be with mixed emotions: I have really enjoyed getting to know lots more members than I did and I have really appreciated the work that convenors, officers, refreshment teams, sound teams, projections teams, chairs teams and meeters and greeters put in. But, and there is always a but, isn't there, I have been disappointed that our membership seems to have hit a brick wall. We do get new members and they are enthusiastic and get involved really well, but there just aren't enough of them! We also struggle more and more to get volunteers to do anything – we lost some large, active groups last year because convenors were stepping down and no-one would step up, either individually or to share the role.

It isn't just Swanland u3a – other u3as are having the same problems, as are many voluntary organisations. I hope that it's just a phase. I suspect that a number of members would really enjoy getting more involved but worry about their own capabilities. My message to them is there isn't a right or

wrong way to do any of these roles – just bring your own approach and I guarantee you’ll enjoy it and other members will value it.

Inevitably u3as are going to change as time goes on. They are dynamic organisations and must change to be outward-looking and to develop. Swanland u3a celebrates 30 years of existence this year and our event day on 7 May and our September 3 celebration (and cake!) day will celebrate that. I’m sure the u3a of 2026 looks quite different in many ways to that of 1996 and that is a good thing because it means that those people who began the whole thing created a firm foundation to be built on. I’m looking forward to many more years of membership – though it’s unlikely to be another 30 – and seeing how we all, the members, develop and change it. Let’s shake ourselves up and let’s not be complacent. It may be a cliché but use it or lose it!

Alison

Inside This Issue

Introducing The New Chair.....	3
Thursday Presentations	4
Quiz Time.....	4
Thank You For Supporting Nepali Charity!.....	6
News From The Groups.....	7
Wanted - New Members!.....	7
Community And Wider u3a News	9
April Fool’s Day.....	9
Tech Talk:.....	11
An Introduction To Tablets And iPads.....	11
Why Hasn’t The Website Updated?.....	13
My Grandfather’s Account Of A Journey From A Family Journal.....	14
Quiz Answers	19
What You Need To Know To Keep In Touch:	19
Executive Committee From 2026-27	19
Contact Information.....	20
Newsletter Deadline	20

Introducing the new Chair



I am Mark [redacted] and I have been a member of the Swanland u3a for a period of roughly 2 years. My wife, Janet, and I moved to the area two and a half years ago to be closer to family who live in Swanland and also to be closer to amenities now we are getting a bit older.

Previously we lived in a small village in North Yorkshire which we moved to from the Wirral on our initial retirement. I continued to work full time for 5 years or so at York Minster but inevitably that also came to an end I now only work very part time. I had been a police officer for over 30 years and my wife a teacher.

Moving when in later life does create certain challenges as we leave behind established social connections, friends new and old and familiar surroundings. It can all seem a bit daunting and indeed a sense of solitude and loneliness can creep in and on occasions become overwhelming. I experienced some of this when first retired and this strongly motivated me to join u3a as I saw this as an opportunity to meet people and to actively engage and become involved in the running of the organisation. I strongly believe in the U3A movement and, coupled with my desire to do all I can to help those who do feel alone, lonely or to some degree lacking in purpose, I put myself forward to serve as the Chair.

During my career as a manager in the police and later when working at York Minster I gained experience chairing meetings in many diverse professional and multi-agency settings. Skills I acquired which I believe are transferable to assist me in the u3a role.

My undertaking to Swanland u3a and especially the membership is to do what I can to reach out to those who can benefit from the opportunities on offer, to find ways to increase the membership and reduce the loneliness that can affect older people.

THURSDAY PRESENTATIONS

Date	Subject	Speaker
2 April	The Mobile Police Museum. 120 Years of UK Policing History	David Hardcastle: Retired West Yorkshire Police Constable
16 Apr	The Tranby Affair (or “The Royal Baccarat Scandal”)	Michelle Lewis: Local Historian and Swanland u3a member
7 May	30th Anniversary Event at Lazaats (Ticket only)	
21 May	20 Amusing Years in Sales and Marketing	Tim Forman: Following a successful career in Sales and Marketing Tim is now a regular speaker.
4 June	Arthur Walkers Great War	Chris Cade: Freelance actor and story teller in educational theatre
18 June	Life in the NHS It Only Hurts When I Laugh	Jeff Jacklin: Talk based on 30 years working in the NHS at up to director level.
2 July	A family Holocaust Story	Tim Mulroy: Northern Holocaust Education Group
16 July	Social Event	
No Talks in August		
St Barnabas Church, Main Street, Swanland 2pm to 3pm followed by tea and coffee		

QUIZ TIME

<p>Who is this?</p>	
<p>What connects: Flood, Lime, Pilot and Traffic</p>	
<p>?</p>	<p>Which two events did Queen Elizabeth II celebrate in 2017?</p>
<p>True or False: David Attenborough, Mel Brooks & Dick Van Dyke will all turn 100 this year.</p>	
<p><i>Answers on page 19</i></p>	



Swanland u3a

Registered Charity No: 1078104

Learn, Laugh, Live - Together



30 Years!

Swanland u3a's Special Anniversary, celebrating our Community, Culture and Heritage.

Thursday 07th May 2026,
9:30am to 3:30pm,
Lazaat Hotel, Cottingham HU16 5SX

Cost: £30pp for u3a members;
£35 for non-members – includes Lunch.

Tickets: Members on sale from 19th February 2026
Non-Members from 02nd April 2026
Contact: newgroups@swanlandu3a.org.uk

Talks by local speakers will feature:

- The new Maritime Museum & the Arctic Corsair.
- 'Keeping History Alive': East Riding Treasure House.
- 'In At the Half' : a local theatre production.

u3a learn,
laugh,
live
Together

Thank You for Supporting Nepali Charity!

Two of our members, Phil and Marilyn with their daughter Ele have, for fourteen years, supported various charitable causes in Nepal after a series of visits there. Their focus has been to support girls from poor homes so they can continue their education, some up to university level. Their particular cause has been for a charity home for blind and orphaned children in Kathmandu. It is run by a personal friend, Kancha who is blind himself and his wife, Sonu, who is visually impaired. Without any government support they accommodate up to 17 children and young people, they keep them well fed and clothed and they ensure they attend school, do their homework and exams etc. Many of the children would be begging on the city streets otherwise as their families cannot support them with their disability meaning they cannot contribute to the family's financial needs. This support is financed by concerned individuals, mainly former trekkers and tourists but also from some better off Nepali businessmen and former pupils.



Phil and Marilyn send out sponsorship money four times a year and visit the home, which is a registered Nepali charity called Tri Netra (The Third Eye). Much of the money comes from friends and other people who have heard them speak on the subject and who have taken the cause to heart.

Many Swanland u3a members have supported Tri Netra both Quiz Group members and members at Thursday meetings where Marilyn takes a stall selling Nepali goods.

Last month Phil, Marilyn and Ele were invited to a reception fundraiser at the Guildhall in London arranged by The Dolma Foundation. The chairman's wife is Nepali herself. The foundation has taken up the cause of Tri Netra and decided to establish a purpose built home for them in central Kathmandu. They have had plans drawn up and building will soon be under way. Most of the members of Dolma Foundation are in the finance and merchant banking centre. They were keen to hear our views as we know the people concerned personally and have



been long term supporters. After the chairman's introduction, a major part of the evening was a speech by Lord David Blunkett, who is blind himself, and has taken on a mentoring role with some of the children at Tri Netra over the internet. Then there was a sale of Nepali goods, most of which were provided by Ele and the chairman's wife. Finally there was an auction to raise additional funds for the cause. It was interesting to see clearly prosperous people vying to buy goods.



Phil and Marilyn gave a donation, some of which had been donated by u3a members and Julie Abraham's group to support the Dolma initiative but we will continue to send quarterly support for the Home's everyday needs ourselves.

It was a very positive evening and a big thank you to all the members who have helped the cause with their donations.

NEWS FROM THE GROUPS

WANTED - New Members!

Canasta. We meet on Wednesday and Friday mornings at 10am at various players' homes, starting with tea or coffee and biscuits and play until 12 o'clock approximately. It's a very interesting and challenging game for 2, 4, or 6 players. If you don't know how to play we can teach you.

Croquet. We play golf croquet which ideally is in groups of 4 people with 2 against 2, however, it can still be adapted to accommodate 2 or 3 people. There are 4 balls of different colours and each team attempts to get their balls through the hoops, if necessary knocking their opponents out of the way. We are a very friendly group so if anyone hasn't had any experience we are all very happy to give some instruction. We always have a break half way through the 2 hour session for a drink and biscuit, so it's an opportunity to have a chat and catch up. Our lawns, of which there are 4, are now at Springhead Golf Club on Willerby Road, and there is plenty of parking. There is a clubhouse where all the equipment (mallets, hoops etc.) are kept for our use. We start again on Friday April 3rd (Good Friday) at 2.00pm –

4.00pm and it is every Friday afternoon until the end September/beginning October (weather permitting) and we will be paying £50 for the season.

If anyone is interested and would like to come along for a free 'taster' session, give Margaret a ring beforehand on 643085.

Luncheon Club.

We meet on the second Tuesday in the month at 12 for 12.30 at various locations. Venues are chosen that have a general, not too pricey menu that seems to suit everyone, and has car parking facilities. We go to garden centres, pubs, golf courses, restaurants and cafes if they fit the parking requirements. If anyone is new and doesn't know anyone Sue always make sure that she sits with them and introduce them to others, who are all very friendly.

Photo Group.

Our first meeting was in June 2025 and we agreed to meet monthly, usually on the 4th Thursday. A 'theme' photo idea each month was introduced. It was 'Yellow' for February, a 'Floral' theme for March and will be 'Triangles' for April.

In 2025 we had two meetings in photo locations, the first in Kingston upon Hull city centre, having a look at the Queens Gardens area. The 2nd was in Lairgate, Beverley and into St Mary's church. When to visit locations is discussed at meetings, with a possible view of 3 or 4 locations a year. Spring & summer are seen as better. With ongoing discussions more ideas will be considered at our coming meetings.



What to take is the major topic at our discussions. Peoples' skills, interests, outlook and camera knowledge are continually up for consideration. A number of members have retained early cameras, e.g. full size SLR/DSLR cameras, with appropriate lens. Some people in the group are now photographing via their mobile phone camera, for ease of use and carrying. Others prefer the mini-digital camera, with its included memory card, storing up to 10,000 photos. If anybody is interested, now is a good time to join us.

COMMUNITY AND WIDER U3A NEWS



u3a Festival 26

Wed 1 Jul 2026 11:00 AM - Fri 3 Jul 2026 3:00 PM

University of York, Heslington, York, YO10 5DD

The Festival begins on Wednesday 1 July and will end on the afternoon of Friday 3 July.

Ticket options are:

- a 3-day ticket £50.
- Individual one-day tickets for Wednesday 1, Thursday 2 or Friday 3 July £18 per day.

More details can be found here:

<https://www.u3a.org.uk/what-we-do/events/festival-2026>

Please contact festival@u3a.org.uk if you have any queries.

April Fool's Day

APRIL

1st

When I was a lad, on the way to school on the 1st of April, it was a good idea to be aware that some joker would try to play an April Fool trick on you and perhaps you may have the opportunity to play one yourself on an unsuspecting playmate. The old standby's included: *"Did you know that your shoelaces are undone?"*, *"You have mud on the back of our trousers"*, *"Your flies are open"* or *"Your dress is tucked into your knickers"*.

Some will remember the BBC Panorama report on 1st April 1957 which advised viewers that Italy had had a bumper Spaghetti harvest and pictured farmers harvesting the Spaghetti from trees. Not everyone was immediately in on the joke or even approved of it.

In more recent years Whoopee cushions became popular, as has taping over the sensor on the TV remote to stop it working, coating soap with nail varnish or glue to stop it lathering or inserting cotton wool in shoes. My favourite japes are the 'fool's errands' such as sending an apprentice to get a bubble for the spirit level, a left handed hammer or screwdriver or a long stand, a painter asking for tartan paint, a printer sending for white ink, or the Sgt Major sending a new squaddie for an I.D.I.O.T. form.



Figure 1: Created by AI

So when did April 1st become April Fool's Day? A common misconception is that in 1564 France changed from the Julian (named after Julius Caesar) to the Gregorian calendar meaning that 1st April became the 1st January. As it took time for the population to be aware of the change, those not in the know became April Fools. The problem with this theory is twofold. Firstly France adopted 1st January as the New Year in 1567. Previously the New Year began on Easter Sunday. Secondly the Gregorian calendar was first approved by Pope Gregory XIII in 1582.

Some of the earliest records of tricks being played on 1st April did however occur in France and Holland in the 1500's. It was and still is known as April Fish Day in France, where it is common to stick a paper fish to the backs of unsuspecting friends.

It is not known when or where April Fool's Day started, as some ancient celebrations included playing tricks on people, including Hilaria on 25th March in ancient Rome to celebrate the end of Winter.

How we can take a joke perhaps defines who we are. In an age where we have to be aware of causing upset or injury by micro aggression, perhaps we have to be more careful than in the past when we play April Fools jokes on people we know less well.

Tony

Tech Talk:

An Introduction to Tablets and iPads

The first Personal Computers (PC) were designed in the 1970's and gradually became smaller as the years went by. Laptops started to appear in the 1980's, with the more recognisable styles appearing in the 90's. We then progressed to the touch screen tablets and to Smartphones. With each stage the reading screens became smaller. The smallest screen is now 3 inches. PC's now seem to be disappearing.

Some people now have a mix of these devices using each one for a different purpose. Some, including the younger generations, may only have a Smartphone, and with this comes a few problems. They may not be able to print off documents if they don't have a Wi-Fi printer. Reading documents on a phone can be difficult. I hate to think how small the 'small print' will be. Some people say their whole life is on their phones. Their important documents (insurance, receipts, tickets etc.) and photographs etc. are accessed through or saved on their phones. Phones however are easy to lose, damage or have stolen.

Some people don't have or want a Smartphone, and yet many scenarios expect you to have digital access. This is where a tablet computer could help, but what are they and what can you do on them?



There are three basic types of Tablet that you may have heard of. The most popular is the iPad which, like the iPhones, are made by Apple Macintosh, and have the Apple logo on them which makes them easy to spot. The same company makes Mac computers, and they often work in slightly different ways to other systems. The next popular is the Android tablets and phones which use an Operating System made by Google and incorporated in Tablets and phones built by different companies such as Samsung, Acer, Lenovo and Amazon. Unlike its PC's, Microsoft tablets are the least popular and run on their Windows Operating System.

For those who don't know about computers, an Operating System is partially like a car chassis in that it is the framework that a computer device is built on, but is also important in making the computer work. A computer

without an Operating System is just a collection of useless parts, just as a car without a chassis is just an unorganised collection of parts.

Tablets in some ways are like giant phones, except you can't easily make phone call or send texts on some cheaper tablets, and they are not as portable. You can, however, use Facebook Messenger, video messaging, email, and WhatsApp (if you don't have it on your phone), take photographs and videos, play games, use the internet and a whole range of other things, including things you can't really do on a Smartphone, such as work on financial spread sheets, write letters, reports, stories, create sketches and drawings, read eBooks and watch films and programmes. The main advantage to some though is the larger screen size, which helps when you make video calls to friends and family and reading documents. Smartphones can have a screen size of 3 to 6.5 inches whereas tablets can range from 7 to 14 inches.



Figure 2: Phone v Tablet

Cost is another consideration. Smartphones can average from £100 to £1,000+, and then you will need an on-going Sim card account to pay for phone calls and data usage (sending messages and using the internet). Tablets range from £170 to £1000+. You will need internet access either by broadband installed in our home or a Sim card. *[NOTE: Not all tablets/iPad's have the capability to use Sim cards, so always do your research first.]*

It is important to remember that all the devices we use, whether they are computers or household gadgets, have their advantages and disadvantages and sometimes you need a mix of two, or in my case three, to be able to do everything you want to do.

Did you know?

Digital comes from the Latin *Digitus* meaning fingers and toes. Digits also represented the numbers that can be counted on our fingers. Later digital referred to computer systems and computer storage as they used binary codes (0 & 1).

Why Hasn't The Website Updated?

Your computer, tablet or phone saves a copy of a webpage to make it load faster. This is called CACHING. If we update the website, your device may still show the older saved version. Nothing is broken. It just needs a refresh.

When you visit a website:

1. Your computer downloads the page.
2. It saves parts of it (pictures, layout, text).
3. Next time you visit, it shows the saved copy.
4. This makes it load much faster.

Why Do Websites Use Caching?

- Makes websites load faster
- Saves internet data
- Reduces strain on servers
- Improves performance on slower connections

Why It Causes Confusion

You update your website, but your computer says: "I already have this saved." So it shows the old version.

Nothing is broken — it's just using the saved copy.

Where Caching Happens

- It can happen in:
- Your PC web browser (Chrome, Safari, etc.)
- Your phone, iPad. Tablet.
- The web hosting company
- A service like Cloudflare

How to Fix It (Simple Ways)

On a Windows computer: Press: Ctrl + F5

On an Apple Mac: Press: Cmd + Shift + R

On a phone or tablet:

- Close your browser completely, and then open it again.

OR

- Clear your browser history.

After doing this, you should see the latest version of the website.

My Grandfather's Account of a Journey from a Family Journal.



On 1st September 1910 my grandfather, J. Howard Adeney married Florence Wood, both working as missionaries in Romania. The wedding was reported in a family journal 'Ye Family Pye', which started in April 1910 and was published twice a year up to December 1934. It covered many accounts of an extended family, who lived, worked and travelled to many parts of the UK and world; including this journey.

Peter

Bucharest to London in War Time 1916.

I left Romania on June 5th and made my first halt at Jassy, the ancient capital of Moldavia; travelling with me was an English nurse and an orphan boy. I was the bearer of a 'bag', that is, a sack of diplomatic correspondence for Petrograd (St Petersburg), which gave me the advantage of a red courier's passport and A Russian 'laisser passer' for all three of us. Crossing the frontier into Russia had been represented as a somewhat terrible ordeal, to make a better impression and to live up to our documents we took first class tickets from Jassy. We happened to be practically the only passengers so that when we reached the frontier station of Romania we were turned out into the only carriage (a third class) which they sent across. We had the good fortune to have a young fellow with us who was brought up in Russia and who acted as interpreter. Gendarmes with fixed bayonets met the train and we were ushered into the Customs department. There, the Russian document worked wonders, and our things were hardly looked at. After a period of waiting we were called into the office of the police, but thanks to the red pass our cross examination was brief, and after a long wait we started for Odessa. I had been advised to go that way, as there is a through carriage to Petrograd, and though it proved a very long way round it was very interesting.

The next morning we arrived in Odessa, where we had trouble in finding rooms, as the hotels were full; it happened to be the Empress's birthday and the town was en fete. Our first visit was to the Consulate to give up our

precious 'bag' and get information as to further progress. The Consul was most kind and sent his secretary to get tickets for us; in the ordinary way it might have been difficult, but again the courier's pass worked wonders. Odessa is a fine town, with good broad streets of well-built blocks of houses running down to the blue waters of the Black Sea. The fine port was nearly empty, as the war has killed all the trade in the Black Sea. The Russian Fleet was only represented by only two or three destroyers.

Early the next morning we made a start for the station, picking up the precious 'bag' on our way. Our fellow passengers included two Vice Admirals, one in a very bad state of health. Russian trains are composed entirely of sleeping cars, the distance travelled being so immense that no other method would be possible. In the third class there are three tiers of beds, thus giving six in a compartment, and as they are only boards the passengers bring their own bedding. Our train was full of soldiers either going on leave or returning to the front. On our route we passed through no towns at all, now and then a big village, but that was all during our five days' run. There was no restaurant car on the train, so we had to trust in getting what we could at the stations en route; no one knew when we should stop, and the line was a single one and we were constantly held up for troop trains to pass. At our first stop we were nearly left behind and only just succeeded in jumping in on the moving train. After that, we decided it was better to buy things in the station and eat them in the train. It was great fun foraging at the stations; I would seize what I wanted and then present my pocket book to the waitress to put down the cost. At every station there was an abundant supply of water, huge coppers filled with boiling water; you can imagine the rush of people, mostly soldiers, with their tea cans and every imaginable receptacle for holding water. There were two attendants on our car who at intervals went round with tea, i.e., hot water with a dash of tea, and piece of lemon and sugar.

The scenery could not be said to be interesting. We were crossing the Great Plain of Russia; at times it was huge fields of corn stretching away to the horizon; at others a sandy plain dotted over with forests. Here and there was a river, and we were told to keep the windows shut as we passed over the bridge. Every station had its canteen for the soldiers; they were rough wooden booths with a grating in the front, behind which Russian women

sold eggs, bread, and various things dear to the heart of the Russian soldier. One noticed, of course, the total absence of alcohol; there were any number of fruit drinks and mineral waters of all kinds; as a result one never saw a drunken man. At first the trains travelled well, but when we got further north we were running parallel with the fighting and then our troubles began. It was a single line, and the great offensive was just beginning, and troop trains were pouring down the line with all the transport involved. They were composed of closed goods trucks and held forty men or eight horses and were decorated with green boughs. Later, we passed trains carrying the Anglo-Russian Red Cross unit. Of course all these had precedence, and we had to wait at stations for hours together; nearly everyone used to get out and sit in the fields till the trains came down the line and we could get off again. In consequence, we arrived at Petrograd twenty-five hours late, and at 1.30 a.m., Whit Monday morning, there was not a cab in the station; but, happily, one of our fellow travellers, a young girl who knew English, took pity on us and sent her fiancé with us. After a time we found a cab driver who was willing to take us, but both man and beast were dead tired, and after a while I discovered the driver was fast asleep, and the horse doubtless heading for home as fast as he could! I woke the driver up, and reminded him we wished to get to the Hotel d'Angleterre.

There was much to do in Petrograd – the ‘bag’ to be given up and exchanged for another to London, tickets to get, money to change – so we had not much time for sight-seeing, but still we went into the magnificent Cathedral of St Isaac, just opposite the hotel, and down to the river along the splendid embankment past the island fortress of St Peter and St Paul. The grand Winter Palace which is



Figure 3: © S.N.Sherman coloured a deep red, is now transformed into a Red Cross hospital; nearly every street seems to have its Red Cross hospital. There were constant streams of recruits, and soldiers were exercising on every open space. Tuesday morning the Embassy was empty, and I found that they had all gone to attend the memorial service to Lord Kitchener. We managed to get to the magnificent British Chapel just as the service began; the place was crammed, and we could only stand by the door. It was a most impressive service, and one felt that all of note had gathered to do honour to the great man who had done so much to make future victory possible.

On Wednesday morning we were off again, this time due north to Finland. At Helsingfors blinds were drawn and gendarmes guarded us. There were Finnish Customs to go through and documents to fill up. On Thursday morning we were in Tornea, the frontier station of Russia at the extreme north of the Gulf of Finland; here again there was a rigorous examination of luggage and papers; those who were suspected had boxes turned out, hair taken down, etc., etc. This took the best part of a day, during which we sat in the restaurant; there you pay for three plates, knife and fork, and spoon, then help yourself to as much as you like from the dishes standing in the middle of the room. At length we were let out, and went down to the little steamer which took us across the river to the Swedish side; there the examination began again, with a medical one in addition.

At night we were off again. It seemed strange to have sunshine at 10 o'clock



Figure 4: © Ad Meskens / Wikimedia Commons

at night, and to be able to read at any time during the night. Saturday morning we were in Stockholm; it was too dreary and wet for much sightseeing, but we managed to see the House of Parliament and the Palace, and some of the principal streets. In the evening we went on again and arrived in Christiania Sunday morning. We were too late for the morning service, but in the afternoon went to a confirmation service held by Bishop Bury. We were in the train again at night en route for Bergen. I saw the snow and half frozen lakes on the western slopes, but missed the top of the pass; it is indeed a marvellously beautiful piece of country; we were gradually dropping down to the Fjords and went through 146 tunnels, catching lovely peeps of the blue waters of the fjords and tree covered slopes of the mountains.

We arrived in Bergen at 11 a.m. There were again formalities to be gone through, and more forms to be filled up and berths had to be secured, but by 1 p.m. we were off. The boat was a slow one and called at Stavanger, and it was midnight before we started off from the Norwegian coast, by which time it was blowing hard and raining. Our boat was the most awful old 'tub' I have ever been in, and rolled on the calm waters of the Fjord; it was a noisy night, crockery crashing and luggage tumbling about; even a hardened

traveller who enjoyed the roughest weather acknowledged that he hadn't slept a wink all night. We finally got into Newcastle at 9 a.m. Wednesday, after a 44 hours' crossing. There were, of course, more examination papers to fill up, but we knew these were the last, so we felt most thankful, as we got into the train for London, that the worries of our long journey were at last at an end.

J. Howard Adeney (1916).

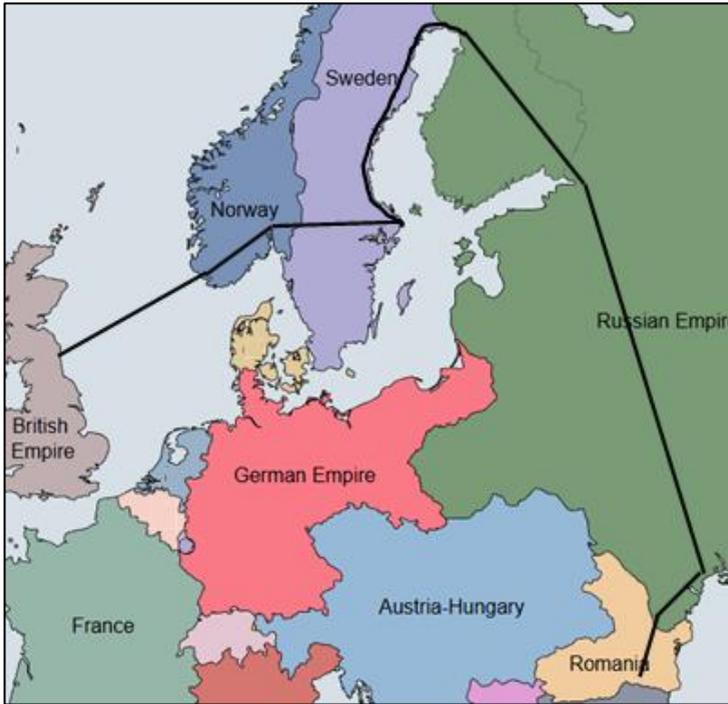


Figure 5: Pre WW1 Map¹ showing an approximate representation of the route

¹ [https://commons.wikimedia.org/wiki/File:Europe_1914_\(pre-WW1\),_coloured_and_labelled.svg](https://commons.wikimedia.org/wiki/File:Europe_1914_(pre-WW1),_coloured_and_labelled.svg)

QUIZ ANSWERS

Who is this?		Marilyn Munroe
What connects: Flood, Lime, Pilot and Traffic		They are words that come before Light
Which two events did Queen Elizabeth II celebrate in 2017?	Sapphire Jubilee (65 years on the throne) Platinum wedding anniversary (70th)	
True or False: David Attenborough, Mel Brooks & Dick Van Dyke will all turn 100 this year.	False. Dick Van Dyke is already 100 and will turn 101 in December.	
<p>Do you enjoy quizzes? Then why not join our Quiz group on the 2nd Monday of the month at the North Ferriby Social Club. Everyone is welcome.</p>		

WHAT YOU NEED TO KNOW TO KEEP IN TOUCH:

Executive Committee from 2026-27

Chair Mark chair@swanlandu3a.org.uk	Vice Chair & Speaker Finder Paul vice-chair@swanlandu3a.org.uk
Treasurer Rosalind treasurer@swanlandu3a.org.uk	Secretary <i>Vacant (after 7 May)</i> secretary@swanlandu3a.org.uk
Membership Secretary Graham memsec@swanlandu3a.org.uk	Meetings Secretary Brenda minsec@swanlandu3a.org.uk
Groups Co-ordinator Joyce newgroups@swanlandu3a.org.uk	Web Administrator Keith webadmin@swanlandu3a.org.uk
Without portfolio: John Patricia 	
Details are on our website: https://www.swanlandu3a.org.uk/u3acontacts.htm .	

Contact Information



Swanland u3a WEBSITE

<https://www.swanlandu3a.org.uk>

To access, update or add information please email:

webadmin@swanlandu3a.org.uk



Look / Join our FACEBOOK Page:

<https://www.facebook.com/groups/swanlandu3a/>

Swanland u3a Contacts for Information and Help.

info@swanlandu3a.org.uk

chair@swanlandu3a.org.uk

memsec@swanlandu3a.org.uk or 01482 631497

Newsletter Deadline

The closing deadline for the submission of articles for the

30th Anniversary Newsletter is:

1st June 2026

Send to: newseditor@swanlandu3a.org.uk

Material Copyright © 2026 Swanland u3a. All Rights Reserved.

Printed by Kall Kwik, South Church Side, Hull