



Swanland u3a Walking Groups

Walks Disclaimer

Walking is one of the healthiest and safest of Outdoor Activities.

However, neither Swanland u3a, nor the Walk Convenor / Organiser of the walk(s) has control of the environment of the walks, the weather, any animals or indeed of any of the walkers themselves, and whilst taking normal precautions, providing reasonable help and assistance as necessary, they cannot accept responsibility for any circumstances affecting the Health or Safety of the Walkers in the party.

Walks organised by u3a Groups automatically receive **Public Liability insurance** cover, provided all walkers are u3a members, through the **u3a National Office**. This is designed to protect convenors / leaders against claims for damage to property and for injury or death which might have been occasioned on the walk. This is **NOT** a personal accident insurance and accordingly participants on walks are responsible for their own Health and Safety and the safe keeping of their equipment, clothing and belongings.

Participants on Walks should follow the advice / instructions of the Walk Convenor / Leader in order to minimise any risk to themselves and should also ensure that they do not endanger any others in the party.

u3a members who wish occasionally (this cannot become regular) to bring a visitor or their dog on a u3a walk should ask for permission from the Committee.

I have read, understood and accept the foregoing Disclaimer.

Please print your Name(s) in Block Letters, then Sign and Date below.

NAME	SIGNATURE	DATE
...../...../.....
...../...../.....
...../...../.....
...../...../.....
...../...../.....