## ABOUT THE PRESENTER

## DR CHRIS MCDONALD MB CHB DIH FFOM CMIOSH SAM

NOT JUST HISTORY BUT HIS STORIES.



Chris was born in Prestwick, Scotland in December 1953 and qualified as a Medical Doctor from Edinburgh University in 1976. He has served as a Medical Officer in both the Royal Navy and the Royal Army Medical Corps, and has worked in the Oil Industry and the Pharmaceutical Industry offshore, overseas and in the UK. He is triply qualified in General Practice and as a Specialist Consultant in Occupational Medicine, and latterly as a Global Director of Safety, Health and Environment.

His medical career has included experience as a General duties doctor practising, (sometimes literally), at the front end of the action, time as a qualified General Practitioner with the Army in Germany, and latterly as a Consultant in Occupational Medicine and Fellow of the Faculty of Occupational Medicine of the Royal College of Physicians of London.

He is now retired and living in Swanland with his wife Jane.

His story today focuses on his time spent in the Royal Navy serving as a Medical Officer (Submarines) and is about his vocation of operational medicine, of repairing or preventing harm whilst doing no harm, yet much more.